

Signs and symptoms in kids	COVID-19 (the new coronavirus)	Influenza (the flu)	Common respiratory infections (colds)	Seasonal allergies (hay fever)	Poor air quality (smoke or ozone)
<b>Onset of symptoms</b>	Varies; typically gradual	Sudden	Varies	Typically sudden or ongoing	Sudden or gradual, but typically sudden
<b>Length of Symptoms</b>	7-25 days	7-14 days	<14 days	Days to seasons	Days to weeks after exposure
<b>Fever</b>	Sometimes*; typically high fever	Very common; typically high fever	Varies	Never	Never
<b>Chills</b>	Sometimes	Very common	Less common	Never	Never
<b>Tiredness</b>	Severely tired	Severely tired	Varies	Sometimes	Sometimes
<b>Cough</b>	Very common; typically dry cough	Very common; typically dry cough	Varies	Sometimes	Common, especially in those with underlying lung disease like asthma
<b>Headache</b>	Common	Very common	Varies	Uncommon	Sometimes
<b>Loss of appetite</b>	Sometimes	Common	Varies	Less common	Uncommon
<b>Muscle and body aches</b>	Common	Very common	Common	Uncommon	Uncommon
<b>Sore throat</b>	Common	Common	Common	Sometimes; typically mild	Sometimes
<b>Runny nose/nasal congestion</b>	Common	Common	Common	Very common	Common
<b>Nausea or vomiting</b>	Sometimes	Sometimes	Less common	Uncommon	Uncommon
<b>New loss of taste or smell</b>	Sometimes	Uncommon	Uncommon	Sometimes	Never
<b>Diarrhea</b>	Sometimes	Sometimes	Varies	Never	Never
<b>Shortness of breath/ breathlessness</b>	Sometimes	Sometimes	Uncommon	Uncommon	Common, especially in kids with breathing and heart conditions
<b>Wheezing or audible breathing</b>	Sometimes	Sometimes	Sometimes	Uncommon	Sometimes, especially in kids with breathing problems like asthma

Note. Centers for Disease Control and Prevention. (2022). What is the difference between influenza (flu) and COVID-19? <https://www.cdc.gov/flu/symptoms/flu-vs-covid19.htm>

Note. Song, X., Delaney, M., Shah, R. K., Campos, J. M., Wessel, D. L., & DeBiasi, R. L. (2020). Comparison of clinical features of COVID-19 vs seasonal influenza A and B in US children. *JAMA Network Open*, 3 (9), e2020495-e2020495. <https://doi.org/10.1001/jamanetworkopen.2020.20495>