



Spring 2024 Enrichment Guide

Mason Public Schools - Community Education

Welcome!

We are happy you're checking out our Spring 2024 (April-June) classes for Mason Community Education!



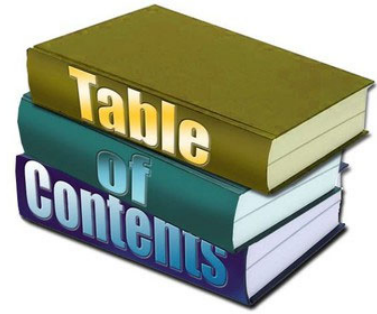
Please check out all the options and [get signed up](#). An email will be sent to you the week of your class with specific information about location, what to wear/bring, etc. Space DOES fill up and all class enrollments close the Friday *before* the event takes place at noon. Please see the last page of the guide for frequently asked questions and information how to enroll in events and Aquatic events!

Mason Aquatic Center will be completely CLOSED **May 1 - June 9, 2024** for construction. There will be no Aquatics activities during that time frame. Thanks for your understanding.

Thank you,
Jessica Miller
Director of Community Education
millerj@masonk12.net
Office - (517) 244-6416

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1. Recreation and Fitness



Martial Arts

This 2-day per week class will cover an introduction to Taekwondo and basic self defense. Anyone ages 5 - adult are welcome to attend. Ages 5 - 9 need an adult to stay with them, but adult does not have to participate. ALL abilities are welcome. Please wear comfortable athletic-type clothes that are easy to move in and a water bottle. An instructor from Dragon Unity Martial Arts in Mason will be teaching this class. Location: Alairedon Elementary gym.

Tues AND Thurs April 16 - May 23, 2024

5:00-5:45pm

\$90

6000-S24

Zumba

Join Stephanie Miller for Zumba! She'll bring the energy, fun and music! Each class is a total body workout, combining all elements of fitness, mixing high-intensity and low-intensity moves for a calorie blasting interval style workout that doesn't feel like you're working out! Ages 14+ welcome (ages 14-16 should have an adult present with them). Location: Harvey Education Center.



Thursdays, April 4 - May 23, 2024

6:00-7:00pm

\$72 (all 8 weeks)

6001-S24

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\$40 (4-class punch card - expires 5/23/24)

6002-S24



HIIT Circuit (Strength focus)

With Impact Wellness instructor Arianne Frear you will experience the internal and external benefits of movement through body weight and resistance band geared exercise. This low impact, strength-focused class will be circuit style workouts to strengthen, tone and improve movement. In our 45 minute classes expect to warm up, move through 5 circuits targeting each major muscle

group and finish with a cool down stretch. For this class a mat and water is all you'll need! We can't wait to tone and impact our lives together! Location: Harvey Education Center. Open to ages 13+.

Tuesdays, April 2 - May 21, 2024

6:15-7:00pm

\$115 for full session

6003-S24

4-class Punch Card (expires 5/21/24)

\$55 - choose the 4 weeks within the session to attend

6004-S24

Tribal Bellydancing

In this introductory tribal style belly dancing class, you'll learn basic movements that can be built upon to make surprisingly complex and creative dance movements. This class is supportive and accessible even if you've never studied dance before, and this dance form looks beautiful on every age and body type. Celebrate a mesmerizing dance form that honors improvisation and shared leadership. Open to anyone ages 16+. Taught by Shantana Simmon. Location: Harvey Education Center.



Please bring: water bottle. Attire can be anything you are comfortable dancing in.

Thursdays, April 4 - May 16, 2024

67

No class: April 11th

7:15-8:15pm

\$40

6005-S24

2. Youth Classes



Tinkergarten: Creativity

Tinkergarten is an outdoor, play-based program that teaches children about nature while building social skills and independence. Each session has weekly lessons that tie into the larger theme: Creativity. Each week's lesson includes songs, a creature feature, a story, and a guided activity. *An adult must attend and participate with their child(ren) for entirety of class.* Caregivers are welcome to bring siblings under age 1 WITH their enrolled students. We will meet outdoors if it is safe to do so. If cancellation is required for safety, we will schedule a make up time. Taught by Virginia Reid (certified educator and mom). Location: Rayner Park in Mason. Appropriate for ages 1-5.

Thursdays, April 4 - June 6, 2024

10:00am - 11:00am

\$75

7000-S24

Stay Home Alone Safely

Join this 2-day class to help your child become more confident in staying home alone. Topics discussed will be: basic safety, how to handle an emergency, and more! This class does not guarantee your child will be ready to stay home alone immediately, but will help them feel more comfortable with the idea! Ages 9-13 are welcome. Taught by: Tracy Hazel, owner of Advanced Training and Consulting, LLC. Location: Mason High School.



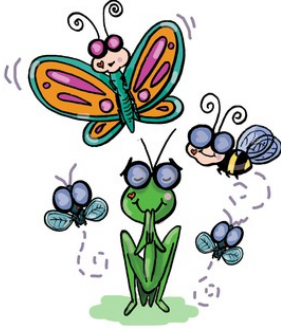
May 7 AND May 9, 2024

6:00-8:00pm

\$55

7001-S24

Spring Cartooning



Join longtime traveling art teacher/author/caricaturist, Dawn McVay Baumer, as she shares her love for cartooning with all that want to learn! Dawn's thought is that no one is perfect, and no artist should be! It is more fun to learn how to take the ideas she will show you and create a cartoon based on your own style! All supplies will be included, imaginations needed!

Let's create some fun spring cartoons! What comes out in the spring? The animals, foliage, and don't forget the bugs! We will create some colorful, spring scenes and learn to cartoon, bugs, frogs, bunnies, mushrooms, and more! We might even add in some spring gnomes! Open to anyone ages 5-12. Parents are welcome to stay.

Thursday, April 18, 2024

5:30pm-7:00pm

\$27

7002-S24

Hobbies and Personal Interest

Gardening 101

Explore the world of gardening with 1991greenery Homestead's two day Gardening 101 course. From the basics of getting started to in-depth insights on types of gardening, planning, and soil preparation, this comprehensive course equips you with the knowledge to select, start, and maintain healthy plants. Delve into garden maintenance, learn effective harvest and storage techniques, discover the importance of pollinators, and engage in various hands-on gardening activities. Cultivate your green thumb with this all-encompassing guide to successful gardening. Open to anyone ages 16-adult.



April 29 and April 30, 2024

5:15-7:15pm

\$20

8000-S24



Self Defense - Kids (ages 4-14)

Get ready to take on life's daily challenges with Sanchin-Ryu's unique karate and self-defense system! Our program emphasizes the importance of developing and maintaining control over your movement, thinking, and emotions to achieve true confidence and security. Sanchin-Ryu's positive, non-competitive and personalized approach meets you where you are and celebrates your personal

growth, all in a fun, safe, and supportive environment.

Discover the valuable lessons & benefits offered by this program:

- "Stranger-Danger"- safeguarding against predators
- Equipping youngsters with effective strategies to overcome bullying
- Nurturing a positive self-image, fostering confidence & self-assurance
- Empowering children to make wise decisions in the face of peer pressure
- Strengthening self-control, both physically and emotionally, for greater stability
- Enhancing concentration skills, enabling improved focus and attentiveness

Classes will take place at North Aurelius Elementary gym. Taught by: Linda Gonerka, 8th Degree Black Belt

Session 1: Wednesdays, April 10, 17 and 24, 2024

6:00-7:00pm

\$45

8001-S24

Session 2: Wednesdays, May 8, 15 and 22, 2024

6:00-7:00pm

\$45

8002-S24

Self Defense - Women (ages 15+)

This dynamic and interactive program dives into the realm of personal protection, empowering individuals of all ages, sizes, and abilities to defend themselves effectively. Participants will explore practical defense techniques that transcend limitations like strength, age, or athleticism. You will be equipped with skills to keep yourself safe at home, school and workplace and learn to take



charge in stressful moments rather than
SAFE, go-at-your-own-pace environ

of all, students learn in a fun,

Some of the invaluable lessons and benefits that await you in this program are:

- Self-empowerment and assertiveness
- Attack prevention and personal safety awareness
- Increased confidence and self-image
- Mental and physical preparedness and resilience
- Overcoming anxiety and fear, fostering emotional and mental well-being
- Strong sense of community of individuals with shared experiences and goals

Classes will take place at North Aurelius Elementary gym. Taught by: Linda Gonerka, 8th Degree Black Belt

Session 1: Wednesdays, Apr 10, 17 and 24, 2024

\$45

7:15-8:15pm

8003-S24

Session 2: Wednesdays, May 8, 15 and 22, 2024

\$45

7:15-8:15pm

8004-S24



Beginner Horsemanship

Have you wanted to learn more about horses? Do you want to learn the basics of riding? Join us for this class - No horse experience necessary. Class material throughout the class sessions will include: Basic safety and Barn etiquette, Grooming, Identifying parts of a horse, Haltering and Leading, Tacking a

horse, Basic nutrition, Basic health and Vital Signs, Farm Tour, Coat Colors and Markings, Lunging and some riding time.

All participants must wear long pants and boots with a heel at all times. Participants will wear a helmet while riding. If you have your own certified riding helmet, please feel free to bring it with you. All participants must sign a waiver before the first day of class to participate. Barn is located in Mason. Open to ages 12 - adult.

Mondays, April 1 - 22, 2024

5:30-6:30pm

\$50

4. Aquatic Center

Any questions or concerns regarding Aquatics programming or pool rentals, please contact Pool Supervisor, Jacob, at hazewinkelj@masonk12.net.



COMPLETE POOL CLOSURE FOR CONSTRUCTION - May 1 - June 9, 2024

We will have the Mason Aquatic Center fully closed from May 1 - June 9, 2024 (reopening date is tentative depending on construction being complete) to work on redoing all lighting in the pool area.

There will be NO: Adult Lap Swim, Open Swim, MASC, Water Fitness, Swim Lessons, Swim/Water Polo practices, or private events during this time frame.

Thank you for understanding and patience!

Middle School Age Water Polo

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Our co-ed program is designed for friends, and learn the most exciting, action-packed team sports there is, water polo. Confident swimming skills in deep water is a must. This program focuses on skills instruction and using skills learned in practices in weekend tournaments and/or scrimmages. All participants will need to wear an appropriate bathing suit, no goggles necessary. Players will be coached by the varsity polo coaches and experienced HS players.



\$90 (cash or check) due the first day of practice. Checks can be made to Betsy Collins. Fees will cover tournament costs, equipment fees, and official fees.

All practices are 3:00-4:30pm at Mason Aquatic Center.

Practice dates: 3/11, 3/13, 3/18, 3/20, 4/1, 4/2, 4/3, 4/8, 4/10, 4/11, 4/15, 4/16, 4/17, 4/22, 4/23, 4/24, 4/29, 4/30. Scrimmage and Tournament dates will be provided by coach on first day.

Any questions? Please contact Betsy Collins, Mason High School Water Polo coach (collinsb@masonk12.net)

Boys and Girls, 6-8th grade

\$10 paid on RevTrak

\$90 (cash or check) due the first day of practice

9000-S24



Open Swim

April 1 - June 9, 2024

Friday 7:00pm-9:00pm

Saturday 1:00-3:00pm

NO OPEN SWIM: 4/12, 4/13, 4/27, 5/1-6/9

Price: \$3/Adults, \$2/Students & Senior Citizens, \$8 per a family of 4 (\$1 for each additional family member in same household). **NO REGISTRATION REQUIRED, PAY CASH AT THE DOOR!** Bring correct change, please. No credit cards accepted.

For the safety of all patrons we ask that all children 8 years of age and younger be accompanied by an adult in the water unless the child can proficiently swim on their own without a floatation device.

Children swimming with floatation with them and cannot go to the deep end, even with a parent. Children that are not potty trained must wear a swim diaper. We do not sell or provide diapers. The lifeguard on duty will determine the proficiency of the swimmer to swim in the deep end. Lifeguards will have a lane open for Lap Swimmers.

Adult Lap Swim (ages 18+)

April 1 - June 9, 2024

Lap swim times are on a drop in basis. Come enjoy the water and get some exercise. May need to share a lane with other swimmers depending on number of swimmers attending lap swim.



Tuesday - Friday - 6:00AM - 7:30AM

NO Swim - 5/1-6/9

Saturday 7:00AM - 8:30AM

NO Swim - 4/13, 4/27, 5/1-6/9

Monday and Wednesday - 7:15PM - 8:45PM

(no shallow end water walking available during evening lap swim)

NO Swim - 4/10, 4/24, 5/1-6/9

\$5/person or \$35/Punch Card (10 punches. 11th punch free.)

MPS Employee: \$2/person. No punch cards

Senior Citizen (60+): \$4/person or \$28/Punch Card (10 punches)

NO REGISTRATION REQUIRED, PAY CASH AT THE DOOR!

Bring correct change, please. No credit cards accepted.



Water Fitness (ages 16+)

Shallow and Deep Water Class

April 1 - June 9, 2024

Monday and Wednesday - 7:15PM - 8:15PM

NO Class - 4/10, 4/24, 5/1-6/9

Price: \$6 at the door, or purchase a

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ges 16-59. Ages 60+ is \$36.

No advanced registration is required.



Swim Lesson Information

Unfortunately, due to Water Polo season hosting several weekend games and construction in the pool area this Spring, we will not be running Swim Lessons. The schedule for Summer Swim Lessons will be released April 30, 2024. Thank you for understanding! 😊

MASC (Mason Area Swim Club)

MASC is a competitive swim team where swimmers will compete in smaller meets, learn the value of team work, and train to be a high school swimmer. This is NOT a learn to swim program. We encourage you to read the information provided below to help you become familiar with the team program and how to register. If you have any specific program related questions please email millerj@masonk12.net and you'll be connected to a coach to help.



MASC F.A.Q:

- 1. Do I have to be a good swimmer?** You must be able to swim at least 50 yards of Freestyle and 25 yards of Backstroke (without stopping) with correct technique or have completed Level 4 of the Swim Lesson classes to do Bronze level. MASC is NOT a learn to swim program.
- 2. What if I am involved in other sports?** We have many swimmers involved in other sports/activities. Please just come to as many practices as possible to get the greatest benefit of swimming!
- 3. Are there swim meets?** We will participate in meets when offered nearby. Participation is optional.
- 4. Can I join anytime?** Enrollment will close after the first week of the session. No prorated tuition if you start after Day 1.

Spring MASC Session

April 1 - April 29, 2024

Monday/Wednesday/Friday (10 Swims)

NO swim: 4/10, 4/12, 4/24

Bronze - 5:30-6:30pm

\$58

- 9001-S24

Silver - 5:30-7:00pm

\$70

- 9002-S24

Gold - 5:30-7:00pm

\$70

- 9003-S24

Lifeguard Courses

Lifeguard Certification - Blended Learning

Lifeguards are always in demand and if you are committed to helping prevent drownings, this is the class for you. In this program, you will learn CPR/FA/AED & water skills. Classroom work will provide valuable information from trainers with years of experience. There is an online portion of this class that will need to be completed BEFORE the first day of in-person class.



Prerequisites: Must be 15 years of age on or before the final exam. Swim 300 yards continuously demonstrating rhythmic breathing. Candidates may swim using the front crawl, breaststroke, or a combination of both but swimming on your back or side is not allowed. Swim goggles may be used. You must also be able to tread water for 2 minutes using only your legs (hands under armpits) and complete a timed event within 1 minute and 40 seconds. Students must pass all water tests and written exam with an 80% or higher. MUST ATTEND ALL SESSIONS AND COMPLETE ONLINE LEARNING PORTION OF CLASS PRIOR TO THE FIRST MEETING DATE. After registering for the class, contact Mary Kay Gavitt at lifemattersplus@comcast.net for the online portion of this class.

June 17 - 20, 2024

9:00am-12:00pm

9004-S24 (Student Rate - \$125)

9005-S24 (NON-student Rate - \$225)

Lifeguard Recertification

All skills will be reviewed and practiced. CPR/FA/AED are included in the review. Upon successful completion of the skills test, you will be issued your certification. Students must bring their proof of prior training which is not 60 days past expiration. You must also complete the online Blended Learning prior to the first day of class. Call the Community Education office to have the link sent to you. Instructors: Mary Kay Gavitt & Karen Creaser. After registering for the class, contact Mary Kay Gavitt at lifemattersplus@comcast.net for the online portion of this class.

June 20, 2024

9:00-12:00pm

\$150

9006-S24

Lifeguard Instructor Certification - Blended Learning

Lifeguard Instructor Certification requires all students to complete the online Blended Learning prior to the first day of class. You will need to pay \$35 when registering for the class directly to the American Red Cross, then register online and pay for the remainder of the class. Upon completion of this class, you will be eligible to instruct Lifeguarding Classes. You must attend all in class sessions along with online learning. You will also be given 2-3 skills in which you will be required to teach and be evaluated by the lead instructor. You must be at least 17 years of age to participate. Location: Mason High School. Instructors: Mary Kay Gavitt & Karen Creaser. After registering for the class, contact Mary Kay Gavitt at lifemattersplus@comcast.net for the online portion of this class.

\$300

June 17 - 20, 2024

9:00am-12:00pm

9007-S24

Lifeguard Instructor and Instructor Trainer Update Class

Lifeguard Instructor and instructor trainer certifications are valid for 2 years. Instructors and instructor trainers must complete all recertification requirements to recertify as an instructor every 2 years. This must be done prior to certificate expiration to remain currently certified. To recertify, instructors and trainers must meet program requirements, online portion, and perform in water skills. After registering for the class, contact Mary Kay Gavitt at lifemattersplus@comcast.net for the online portion of this class.

June 20, 2024

9:00am-12:00pm

\$50

9008-S24

Junior Lifeguarding Class

American Red Cross Junior Lifeguarding course by building a f

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th to the American Red Cross des, and skills for future

lifeguards. Participants are not required to master or perfectly execute skills. This class includes certification in CPR for Adult, Child, Infant, AED and First Aid. Junior Lifeguarding is an effective transition from upper-level Learn-to-Swim courses to the American Red Cross Lifeguarding program. Students will learn communication, teamwork and decision-making skills, and the basic responsibilities of a lifeguard. Students must be ages 11-15. Students must attend all sessions. Students will receive a certificate for completion of CPR/First Aid. Instructor: Mary Kay Gavitt. After registering for the class, contact Mary Kay Gavitt at lifemattersplus@comcast.net for the online portion of this class.

This class requires a significant amount of physical activity and be able to demonstrate the following skills:

- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Swim the breaststroke for 25 yards.
- Step into water from the side and totally submerge.
- One minute treading water
- Exit the pool with the use of the ladder.
- Complete online pre-course.

June 24, 25, 26 & 27, 2024

9:00 am – 3:00 pm (There will be a lunch break, bring your own food)

\$50

9009-S24

5. Special Events



Mason Elementary Dances - Hollywood Red Carpet

Events: Saturday, March 16, 2024

Enrollment CLOSES (if not full before) on March 4, 2024.

Open to Mason Public Schools students currently enrolled in Kindergarten - 5th grade.

ALL dances will take place at the Mason Middle School gym. To maximize the number of students able to attend these dances, there will be a dance designated for each elementary school. Your child and their *one* adult must **enroll in the dance for their home school** - student and adult attend TOGETHER. Please, no younger siblings should attend. ****No enrollments will be accepted at the door. Must enroll in advance online.****

ONLINE enrollment ONLY - do not call. You can pay with a credit card or e-check on the website.

***There are maximum capacity numbers allowed to enroll in each dance.*

- 3:00pm-4:15pm - **Alaiedon** Elementary Dance

5000-W24 (child)

5001-W24 (adult)

- 5:00pm-6:15pm - **North Aurelius** Elementary Dance

5002-W24 (child)

5003-W24 (adult)

- 7:00pm-8:15pm - **Steele** Elementary Dance

5004-W24 (child)

5005-W24 (adult)

- ****Harvey Kindergarten** students - Enroll in same dance as older sibling. If no older siblings, sign up for 3:00pm or 5:00pm dance. This is NOT open to Head Start, GSRP, Preschool or Early Learning students due to space restraints.

\$12/person admission fee covers: light refreshments (cookies/water), professional DJ and free 4x6" professional photograph (additional can be purchased if you wish). **Once enrolled tickets are non-transferable and non-refundable.** Please ensure you enroll in correct school dance for your child and enroll one adult to attend with them.



Underwater Easter Egg Hunt Family Swim - Sunday, March 17, 2024 1:00-3:00pm

Family fun for everyone! Easter eggs galore and more! Hunt for eggs as they float on top of the water and dive from one end of the pool to the other to find even more! Tiny swimmers will hunt for eggs up on the pool deck. Enjoy a movie and open swim at the end of the Easter Egg Hunt. Lots of fun & prizes and you keep whatever is in the egg!

Cost: \$4 students/senior citizens, \$5 adults, \$15 for a family of four/\$1 each additional person from the same household. NO PRE-REGISTRATION REQUIRED. PAY CASH/CHECK AT THE DOOR! Please bring correct change.



Registration Information

6. Registration Information

Each class has a minimum and maximum number of participants to run the class. In order for teachers to properly prepare for their class, please pre-register and pre-pay for all classes/events. All registration will end the Thursday before class/event starts. Printed copies of the guide can be picked up at Mason High School Athletic Office. Please mark your calendars for any dates listed where class will not be held due to school closure or other events interfering. ***THERE WILL BE NO REGISTRATION AT THE DOOR FOR CLASSES OR EVENTS (unless otherwise noted)!***

- Community Education questions - email millerj@masonk12.net or call 517-244-6416.
- Aquatics Questions - email hazewinkelj@masonk12.net

Please follow "Mason Aquatic Center" and "Mason Community Education" on Facebook for most up to date information regarding offerings, closings, etc.

- **ONLINE:** Make an account here: <https://mason.revtrak.net> <-- PREFERRED METHOD!!
- **WALK-IN:** Please call ahead for a walk in time. (517) 244-6416
- **PHONE:** Call (517) 244-6416 (Leave a message and a call will be returned). Phone registrations by VISA, MasterCard, Discover, ONLY!
- **CONFIRMATION:** You will be emailed if your class is cancelled or needs to be changed for any reason. No confirmations will be mailed but registering online will allow you to print a confirmation. You will receive a detailed email from millerj@masonk12.net the week your class takes place with location information and anything you need to bring with you to class.
- **REFUND POLICY:** Full refunds will be given for classes cancelled by Community Education. A \$5 processing fee is charged for each class dropped by the customer. To request a refund, call the Community Education office at-least *two days prior* to the first scheduled class. No refunds will be given if notification is received after the two-day deadline. *Community Education reserves the right to cancel and/or reschedule class days/times as needed. In case of last*

minute closure, every effort will be made to ensure that classes are held on building and staff availability.

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This is not guaranteed depending on building and staff availability. Prices are subject to change without notice. No refunds or partial refunds.

BUILDING LOCATION GUIDE:

- **Mason High School** - 1001 S. Barnes Street
- **Aquatic Center** is located on the north end of the High School building OPPOSITE the football stadium. Same side of the building as the Tennis Courts.
- **Mason Middle School** - 235 Temple Street
- **Alaiedon Elementary** - 1723 Okemos Road
- **North Aurelius Elementary** - 115 N. Aurelius Road
- **Steele Elementary** - 531 Steele Street
- **Harvey Educational Center** - 400 S. Cedar Street

Register Now

Click here to register for classes and programs.

Community Education

Jessica Miller

Jessica is using Smore to create beautiful newsletters

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