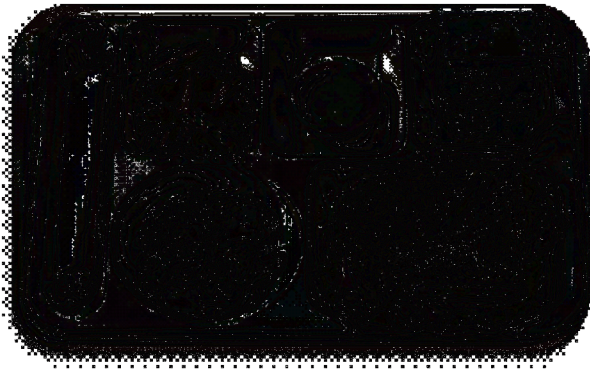


# The ABC's of School Food Service

## What's Included in a School Lunch?

Each school lunch served consists of five main components:

1. Meat/Meat Alternate
2. Fruit
3. Vegetable
4. Bread/Grain
5. Milk



Lunches operate on a five-week cycle menu that includes one choice for the main entrée

## School Breakfast

Served before school and consists of three main components:

1. Fruit/Fruit Juice
2. Bread/Grain
3. Milk

## Allergy Policy

Before menu substitutions can be made, a yearly doctors note needs to be on file with the Food Service office

## Current 2018/2019 Meal Pricing

Elementary Lunch	\$2.75
Reduced Lunch	\$0.40
Breakfast	\$1.75
Reduced Breakfast	\$0.30
Milk for All Students	\$0.50

## How to Pay

- *Pre-pay* online through *E-Funds* link located on Mason Public Schools Food Service Web Page and upload money as needed
  - Credit card payments are only accepted through *E-Funds* and there will be a small convenience fee
  - When setting up an account it will ask for a Student # or Family ID#. Your Family ID# is the main phone number the school has for contact (Ex: 5176290541 would be the Family ID#)
- *Checks* are accepted – please make them out to Mason Public Schools. In the memo line please write the student's name + lunch
- *Cash* can be used to purchase meals



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## Account Usage

- This program is set up as a family account, meaning all siblings within the family have access to the funds within the account
- Reminder emails of account balances that are negative can be set up through *E-Funds*



## Contact Us

Please contact Chris Salmon or Valerie Fisher at 517-676-6529 with any questions or concerns, or visit our office in the High School:

Mason Public Schools  
Food Service Department  
1001 South Barnes Street  
Mason, MI 48854



## Free & Reduced Application

Please fill out an application to see if you may qualify for free or reduced meals. We are unable to accept applications for next school year until *July 1<sup>st</sup>, 2019*. Return/mail applications to the Food Service office. Forms can be found at:

- All school offices
- Food Service office
- Online on the Mason Public Schools Food Services Web Page

Note: You will be charged for any meals until the paperwork has been approved

Please note that parents are able to complete/refill this form out any time during the year and as many times as needed. For example, if there has been a change in household income or household size



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